

Envision your life in retirement and think about the expenses you will or might incur. Taking into account your lifestyle and goals, identify which expenses are essential, and differentiate them from those that are discretionary.

Retirement Income Need Worksheet

Monthly Expenses	Essential Amount	Discretionary Amount	Will It Vary? (Check If Yes)
Household Expenses			
Mortgage/Rent	\$	\$	
Utilities/Cable/Internet	\$	\$	
General Maintenance	\$	\$	
Household Supplies	\$	\$	
Property Tax & Insurance	\$	\$	
Credit Card Debt Payments	\$	\$	
Home Improvement	\$	\$	
New Purchases	\$	\$	
Household Exp. Subtotals	\$	\$	
Meals			
Groceries/ Beverages	\$	\$	
Entertaining/Dining Out	\$	\$	
Meals Subtotals	\$	\$	
Personal Care			
Clothing	\$	\$	
Products/Maintenance	\$	\$	
Personal Care Subtotals	\$	\$	
Healthcare			
Insurance Payments/Medicare	\$	\$	
Out-of-pocket Payments	\$	\$	
Dental/Optical	\$	\$	
Other Essential Expenses	\$	\$	
Healthcare Subtotals	\$	\$	

Retirement Income Need Worksheet

Monthly Expenses	Essential Amount	Discretionary Amount	Will It Vary? (Check If Yes)
Transportation			
Car Payments/Auto Insurance	\$	\$	
Maintenance/Fuel	\$	\$	
Vacations	\$	\$	
Vehicle Upgrades	\$	\$	
Taxes, Registration, etc.	\$	\$	
Other Transportation Costs	\$	\$	
Transportation Subtotals	\$	\$	
Miscellaneous/Other			
Income Tax	\$	\$	
Gifts/Holidays	\$	\$	
Charitable Contributions	\$	\$	
Hobbies/Leisure	\$	\$	
	\$	\$	
	\$	\$	
Misc. Subtotals	\$	\$	

MONTHLY TOTALS					
Total amounts for Essential & Discretionary Expenses			\$		
		X 12		X 1	2
ANNUAL TOTALS					
Multiply by 12 to get the Total Annual Expenses	\$		\$		
		\mathbf{A}	+	1	
GRAND TOTAL					
Add Annual Essential and Discretionary Expenses together to get the total Retirement Income Need.	\$				